

21/9/2020

Ch12

My Body Needs CareII. Question and Answers. (write in your c.w copy.)

Q1. How many times in a day should we brush our teeth?

Ans: We should brush our teeth twice a day.

Q2. What should we do before and after meal?

Ans: We should wash our hands before and after every meal.

Q3. What do we use to trim our nails?

Ans: We use a nailcutter to trim our nails.

Q4. Name 3 things you use to clean your body.

Ans: 1) Soap 2) Comb and 3) Toothbrush.

Q5. How many hours of sleep are important for our body?

Ans: Eight hours of sleep are important for our body.

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