

Class 2(Science),2020

C.A.E.H.S(Primary sec)

Ch 5-Body Movements

File 5

A) Write one word answer for the following:-

1)They protect the delicate organs of our body -

Bones

2) This is a place where two or more bones are

joined or meet- Joint

3) They are attached to the bones and help them

to move- Muscles

4)This part of our body protects our heart- Ribcage

5) They provide support and shape to our body-

Skeleton

6) We must walk in this position- Upright

7) It helps us to be healthy and look smart- posture

B) Match the following:- Dont draw lines while matching.

A

- 1) Skull
- 2) Joints
- 3) Bones and muscles
- 4) Framework
- 5) Healthy eating

B

- Swimming
 - Skeleton
 - Brain
 - Keeps our body strong
 - Helps us to bend
-

Write in your science copy. Answers of matching will be given in the next class.

Class 2(Science),2020
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Lesson 5-Body Movements(File 6)

A) Fill in the blanks:-(write in science copy)

- 1) The soft part of the body is called muscles
- 2) The joints help us to bend.
- 3) Bones protects the delicate organs of body.
- 4) Bones and muscles are covered with skin
- 5) Correct posture keeps our body in proper shape.

Answers of match the following:-

- 1) Skull- Brain
 - 2) Joints- Helps us to bend
 - 3) Bones and muscles- Swimming
 - 4) Framework- Skeleton
 - 5) Healthy eating- Keeps our body strong
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